

Application of modeling service to improve student discipline of SMK kesehatan PGRI Magetan

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Abstract

An increasingly evolving world of education demands students to be intelligent and courteous. In order to form students who are smart and polite require good education. Modeling services are good exemplary services ranging from the most basic things that school counselors provide to learners. In this study the authors used descriptive qualitative research and using the type of phenomenological research. The data obtained from observation, interview, and documentation. The results showed that modeling services give a dominant impact in learning morals students. In the modeling learning done by the schools through the teaching staff are done in different ways by modeling the participants, and facilitating their students in doing this service. Modeling service is very influential for the development of student behavior, proven students experience a very significant change. Various characters of students who come from various circles, can be changed through the modeling services done school. In addition, the influence of counselor characteristics in modeling is also very influential in the success of service modeling. It can be concluded that modeling services by schools through well-characterized teaching staff can have a positive impact on their students. Can be proved from the progress of students who experience a gradual change in attitude.

Keywords: Counselor Profile, Layout Modeling and Discipline

Cara Mengutip Artikel: Muhammad Sahril. (2017). Application of modeling service to improve student discipline of SMK kesehatan PGRI Magetan. In Ifdil & Krishnawati Naniek (Eds.), *International Conference: 1st ASEAN School Counselor Conference on Innovation and Creativity in Counseling* (pp. 206-216). Yogyakarta: IBKS Publishing.

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Introduction

From a psychological point of view students or children are unique individuals, where they have different needs according to their age stages. Along with the growth and development of individuals, students also experience changes physically, cognitively and psychically. Seeing the changes and developments experienced by every individual in the world of education is very concerned about these aspects, namely the aspects of cognitive, affective and psikomotor. Maka government apply new

curriculum, where the curriculum is related to changes in children not only cognitive changes but also changes affective. The changes experienced by these students are not through education alone but also from the students themselves and their families and communities.

An educator of both parents, teachers, dignitaries and religious leaders need to realize that children can learn a lot by imitation. Children learn to behave well, by imitating the ways of behaving from the people in the neighborhood. Discipline is not something that can not be obtained easily, it must require piloting and habituation. Discipline of a child shows that the child is serious in everyday both in the field of personal, social and learning

To alter and shape affective students who are inclined to emotional intelligence such as discipline, morals, behavior and even personality and honest character, responsible and fair not only obtained from the learning process but also through modeling a teacher, teachers BK, principals and staff deserves to be imitated. "Sesuai with the theory of Albert Bandura most learned to happen with real reinforcement. Learning through observation is much more efficient than learning through direct experience. Through observation one can gain an infinite number of responses, which may be followed by rapport or reinforcement".

Characteristics of counselors greatly affect the level of success of the counseling process and service delivery to clients. Broadly speaking, counselor characteristics include qualities of personality, attitudes and perceptions of clients, others, the environment, knowledge, profession, and self-perception. The quality of the counselor is all the criteria of excellence, including personal, knowledge, insight, skills, and values that will facilitate him in running the process of guidance and counseling services so as to achieve the goal successfully (effectively).

Discussion

Application

In the dictionary a large Indonesian modern dictionary application is an ornamental, additional, application. So it can be explained that the application is the application of something treatment, or theory.

Profile

Language, is a look; advance; facial expression; form of goods. The meaning of bias profiles is defined as a description of the person or describe the person who is a detail personally as a figure or figure.

Counselor

Show it to the person, person, who provides help. From the above terms shows that a counselor is someone who provides assistance to a client by using counseling techniques. The quality of the counselor is all the criteria of excellence, including personal, knowledge, insight, skills, and values that will facilitate him in running the process of guidance and counseling services so as to achieve the goal successfully (effectively). Counselor is a person who has certain criteria so as to provide services and assistance to clients.

Counselor profile

From the above definition shows that the counselor profile is a figure of a person who provides services and assistance to clients who have certain criteria that include skills, attitudes, and insights. Counselors are required to have a more capable person to support the effectiveness of counseling. As for the personal characteristics of the helper (counselor) in general based on the nature of the helping relationship, according to Brammer are: Awareness of Self n Values, Awareness of Cultural Experience,

Ability to Analyze the Helper's Own Feeling, Ability to Serve as Model and Influencer, Altruism , Strong Sense Of Ethics, Responsibility.

There are also characteristics or models of an effective counselor that includes: Interpersonal Skills, Beliefs and Personal Attitudes, Conceptual Skills, Personal Patience, Mastering Techniques, Ability to Baham and Work in Social System, Open to Learn and Ask.

Discipline

Discipline is a condition created and formed through the process of a series of behaviors that show the values of obedience, obedience, loyalty, order and order. Because it is united with it, then attitudes or deeds done no longer or at all not perceived as a burden, otherwise will burden him when he did not do as usual. True discipline is a set of individual and community behavior that reflects a sense of obedience, obedience, which is supported by awareness to fulfill duties and obligations in the context of achieving goals.

Understanding Modeling

Modeling (imitation): imitation or imitation is not really appropriate to replace the word modeling, because modeling is not just mimicking or repeating what the model does, but modeling involves the addition and / or subtraction of observed behavior, generalizing observations at once, involves cognitive processes. Through modeling people can acquire new behaviors. This is possible because of cognitive ability. Stimuli shaped model behavior is transformed into mental images, and more importantly transformed into verbal symbols that can be recalled sometime in the future. In addition to learning new behaviors, modeling has two kinds of impact on old behaviors. First, the socially acceptable behavior of models can strengthen the responses that observers already have. Second, the behavior of the model is not socially acceptable. So it can be seen that Modeling Service is a help given through the model figure of a person to be an example of a person, a stimuli of people so it can be responded to a habit that is done.

Modeling Service

This modeling learning departs from the theory of Alber Bandura, he with one of the most important research is The Bobo Doll Studies. She filmed about one of the students who always ruined her bobo doll. The student always beat the doll, screaming and scolding. He kicked, took over, and kicked it with wood, while continuing to curse him. Bandura then show this film in front of the kindergarten students who of course really like the movie scene. After that kindergarten students are invited to play the game that is in the film. they play in a room complete with new bobo dolls, small clubs and the like. The result is that almost all children do what they watch in the movie.

Of course, observing others doing something does not necessarily result in learning, because learning through observation requires several factors or preconditions. Bandura finally established several stages of the process of modeling.

- a. Attention / attention process (attention). The influence of strong attention to the object is one of the modeling factors. This is what Bandura uses to explain the influence of television on children.
- b. Retention (memory) in the process of modeling stages of this memory has an important role. At this stage imagery and language begin to play. Memory stores whatever models are viewed in the form of mental images or verbal descriptions. When trsimpan, then this memory will be "recalled" image or description so that it can produce through behavior.
- c. Behavior production process (Impersonation of Model behavior). After careful observation and insert into memory, people then behave. Turning from a thought-picture into behavior raises the need for evaluation, "How to do it?" "What to do?" "Is that correct?". With regard to truth, learning

outcomes through observation are not judged on the resemblance of the responses to the imitated behavior, but rather to the learning objectives and efficacy of the learners.

- d. Motivation. The modeling process will not work if the client or object has no self-motivation or motivation to imitate, in the sense that there is no reason for doing so.

Modeling Applications Albert Bandura

In general, the therapy Bandura uses is cognitive-social therapy. The goal is to improve self-regulation, by changing behavior and sustaining behavioral changes. Bandura proposes three different trajectory approaches, namely: mastering exercises (desensitization modeling), open modeling, symbolic modeling.

- a. Exercise (desensitization modeling): teaches the client to master the behavior that can not be done before by using the cognitive modeling model that the client is told to imagine what he wants to do such as, work harder, capable and dexterous to something without using real reinforcement.
- b. The client's open modeling (modeling of the participants) sees the real model, usually followed by the client participating in the model activity, aided by the model mimicking the desired activity, until it is finally able to do on its own without help.
- c. Symbolic Modeling: the client sees the model in the movie, or image or story. Vicarious satisfaction (seeing the model gets reinforced) encourages clients to try or imitate their model behavior.

Impact of Modeling Services

Each time a response is made, it will be followed by various consequences; there are the consequences of fun, some unpleasant, some do not enter awareness so that the impact is very small. Reinforcement - both positive and negative - the impact is not automatically aligned with the consequences of the response. The consequences of a response have three functions:

- a. Informers: informing about the impact of my behavior, this information can be stored to be used for guiding behavior in the future.
- b. Motivate future behavior: present data so that people can visualize the symbolic behavioral outcome they will be doing. In other words, behavior is determined or motivated by the future, where an understanding of what will happen in the future is derived from an understanding of the consequences of a behavior.
- c. Strengthening my behavior: success will be a reinforcement so behavior is likely to be repeated, otherwise failure will make my behavior less likely to be repeated

Discipline

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Research Methods

Type of Research

In this study, researchers used descriptive qualitative research, ie research that attempts to tell the solution of existing problems based on data that can come from manuscripts, interviews, field notes, personal documents, notes or memos and other official documents.

Object of Research

In this study the researcher focuses the object of research on how the role of a counselor (teacher tutors) in providing learning modeling on students SMK kesehatan PGRI Magetan.

Informant Research

From the research conducted researchers took data from:

1. Headmaster
2. Waka curriculum
3. Teachers
4. Student

In taking data that informant too much like student then researcher use simple random sampling technique. This technique is the simplest random sampling technique, that is by emphasizing the principle that every sample or individual has the same possibility to be chosen randomly

Techniques Check the validity of data or validity

In order for the research really can be justified, the researchers conducted a first examination of the validity of the data carefully with the technique of data validity as follows:

- a. Participation
Participation or authors' participation will enable an increased degree of confidence in the data collected. An extension of participation also requires the author to go directly to the site and within a sufficiently long time to detect and account for the distortions that may contaminate the data.
- b. Observational perseverance
Observational perseverance intends to discover the characteristics and elements in determining observations. The author must do so thoroughly, in detail, and in a sustainable manner. Therefore diligence in the author's observation is very important, in order to obtain data that is very relevant and detailed.
- c. Triangulation
Triangulation is a technique of checking the validity of data that utilizes something other than that data for the purposes of checking or comparing the data. The purpose of triangulation itself is to compare and check back all information obtained through a predetermined time or by interview so that by comparing this data will unite similarities views, opinions or thoughts.
- d. Checking data
Before we determine the data is valid or not, first the researchers do check back on the data obtained, because this study examination and validity of the data is more focused on triangulation and checking techniques, given the authors themselves understand the large kondosi studied.

Data analysis

Data analysis is an attempt to search and arrange systematically records of interviews and other observations to improve the author's understanding of the case under study and present it as a destination for others.

Data analysis in qualitative research is done at the time of data collection and after completion of data collection in certain period. At the time of the interview, the author has done an analysis of the answers interviewed. if the answer interviewed after the analysis feels unsatisfactory then the author will continue the question again. This process uses a technique done by Miles and Hubermen through 3 stages:

1. Data Reduction

The data obtained from the field amount is quite a lot then the data is analyzed through data reduction. Reducing data means summarizing, choosing the key points, focusing on the things that matter, looking for patterns and patterns and removing unnecessary ones. In other words the process of data reduction is done by the author continuously while doing research to generate as much data as possible.

In this data reduction the authors choose the data obtained during the research process. This is done by sharpening, classifying, directing, removing unnecessary data and organizing data so that final conclusions can be verified.

2. Presentation of Data

According to Miles and Huberman quoted by Muhammad Idrus that "the presentation of data is a set of arranged information that gives the possibility of conclusion. This step is done by presenting a set of organized information that gives the possibility of conclusion. This is done on the grounds that the data obtained during the process of qualitative research is usually in the form of narrative so it requires simplification without reducing its contents.

3. Conclusion or verification

Conclusion or verification is the final step in the process of data analysis. In this section the authors express the conclusions of the data obtained

Report of Research Results

Presentation of Data

After conducting interviews and observations of the principal, vice principals, counselors or tutors and learners about the process of modeling services at SMK PGRI Magetan Healthy done for approximately 1 month or from 4 September to 2 October, the authors can explain and analyze the data as follows:

a. An overview of the counselor profile application through modeling services.

There are many answers to the counselor's profile or what kind of teacher in the paparkon by the Principal: Teachers are not just teachers but educators who are responsible for the moral of their students. So a teacher becomes an example for their students then the counselor or counselor must have commitment, intention and sincerity to teach not because of coercion but indeed sincere teaching from the heart.

Meanwhile, according to the deputy head of the school (student) explained about the general description of the characteristics of teachers: "The requirement to become a teacher that is professional, mastering the field of science that he is, he not only teach but educate his students, practice his knowledge and be able to teach according to the level of development task of his students.

While the teacher BK SMK Kesehatan PGRI Magetan reveals a counselor must have keprofesionalan, morals, and high dedication

Qualification of counselor and mentor teacher in SMK Kesehatan PGRI Magetan can be explained that counselor or teacher must have professional quality, noble character, and high dedication to be able to practice their knowledge, guiding with sincerity and istiqomah and have method of teaching according to level of development of participant educate.

- b. Description of how to discipline students through Modeling service at SMK Kesehatan PGRI Magetan.

Modeling services that exist in SMK Health PGRI Magetan also greatly affect the discipline of students ranging from self-discipline, religious rules, environment and even discipline of traffic safety. Not only to discipline traffic, modeling services also have a positive impact on students' awareness of environmental awareness.

In addition, the principal explains that all students in SMK PGRI Magetan Health is very disciplined against school rules, such as honest in everyday deeds, for example the honesty canteen run by students themselves.

Discipline in religion is also modeled by a counselor or counselor, where the school has a dhuha prayer activities together, praying dzuhur together, and reading al-qur'an before teaching every day teaching every day.

Modeling in this School not only provides a mere example but in addition to providing a positive example, schools also facilitate their students, such as providing materials and tools for greening and the school environment.

From berbagai modeling in SMK Kesehatan PGRI Magetan very impact on student discipline to the environment, religion, self, and discipline will be traffic. In addition, modeling service at SMK Kesehatan PGRI Magetan is also supported by faculty for students' education.

- c. Application Overview Counselor Profile through modeling services in improving student discipline.

Overview of counselor profile application through modeling service in SMK Kesehatan PGRI Magetan is not separated from the characteristics of teachers, because as already described above the teacher is central to the education of children. In giving a modeling a counselor or counselor does not have special treatment, the most important of a tutor teacher can impress students through active in student activities, giving orders with participation.

However, there are steps taken by the first school is the orientation done by the school about the order and so on to the students and guardians so that the next step can proceed with the guardian of students.

The second step in the application of modeling services that exist in SMK PGRI Mageatan Health is to educate students according to their development needs. In addition, mentoring and supervision of the guardian side so that the relationship of synergy and communication between the school and parents.

This mentoring is in the sense that the counselor or teacher is together with the students doing a job.

In giving the modeling process in improving student discipline. School has a strategy that all mentors in the school must be good morals so that can be imitated by the students.

The next step in the application of modeling services available in SMK PGRI Mageatan Health is a process, the process here begins with the giving of samples without involving the students. All teachers and staff without differentiating positions to participate in support in all matters of activity.

This modeling is done with the aim of provoking potential students, because here the students are diverse, there is a high ability of high willingness, low ability of high will, and low ability of low willingness.

After giving an example the next step is the accompaniment that the application of modeling services to the child is not merely giving an example of a counselor himself but the mentoring, this accompaniment in the sense that the counselor or teacher is together with the students doing a job.

It is also explained that in disciplining children is not enough just to give an example, but must in another way, the point is a coach must have a conditional educational style, which means how to discipline students depending on field conditions and see the condition of students, and have the ability to collaborate every treatment which is conducted. In accordance with what has been explained diataas that the modeling service is done with a variety of styles, which is essentially a mentor should be able to have a conditional and participatory style in providing modeling services.

- d. Figure out whether the counselor profile application through modeling services can improve student discipline.

This modeling service is considered quite effective in disciplining students. Starting from the discipline to self, environment, religion to the discipline of traffic as described above.

In accordance with what Fathkur explained about how impact modeling services on student discipline. Students with high ability and low willingness all play a role, participative modeling is very impact to invite students sensitive to problems and mengatsi disciplinary problems.

Data Analysis

1. Application of counselor profile through modeling service at SMK Kesehatan PGRI Magetan.

Characteristic The profile that must be owned by counselor in SMK Kesehatan PGRI Magetan is

- a. A counselor should be committed to himself
- b. A counselor must be professional
- c. A counselor must have competency kailmuan
- d. A counselor must be noble
- e. A counselor should be highly dedicated
- f. A counselor should be able to provide methods in guiding students

Characteristics a counselor must have, reinforced by John Mcleod about the characteristics or model of an effective counselor that includes

- a. Interpersonal skills
- b. Personal beliefs and attitudes
- c. Conceptual ability
- d. Personal refreshment
- e. Master the technique
- f. Ability to grow and work in a social system
- g. Open to learn and ask questions

In addition namora lumongga in his book also explains the characteristics of the counselor is

- a. Spontaneity
- b. Flexibility
- c. Concentration
- d. Openness
- e. Belief in ability to change
- f. Stability of emotion

- g. Commitment and sense of humanity
- h. Willingness helps clients change their environment
- i. Counselor's knowledge
- j. Totality

Counselor profile application through modeling services can not be separated from the characteristics of good counselor so that it can have a good impact or effect for the students. There is no special treatment done by a counselor, most importantly a mentor can impress students. Just give an example, actively socialize with the students and participate in providing activities, so as to motivate students.

This is in accordance with Albert Bandura's statement that there are three trajectories used in his therapy. One of them is participant modeling. Modeling of this participant is used SMK Kesehatan PGRI Mageatan in disciplining the students.

2. How to Discipline students through modeling services in SMK kesehatan PGRI Mageatan

Explained that how to discipline students in SMK Health PGRI Mageatan is to enshrine modeling service where this service is given to students through *uswatu khasanah* or giving example so that students can pay attention, store what viewed into memory and applying it in the form of behavior. The modeling process is also done with the teacher's participation so as to improve student's motivation.

Discipline in SMK Kesehatan PGRI Mageatan there are various aspects, among others, discipline to self, environment, religion and so forth. Services that exist in SMK PGRI Mageatan Health in accordance with what is explained by social learning theory theory Albert Bandura which states there are several stages of the process of modeling the attention / attention process (attention). The influence of strong attention to the object is one of the modeling factors. This is what Bandura uses to explain the influence of television on children. Retention (memory) in this stage of modeling process memory has an important role. At this stage imagery and language begin to play. Memory stores whatever models are viewed in the form of mental images or verbal descriptions. When *trsimpan*, then this memory will be "recalled" image or description so that it can produce through behavior. Behavior production process (Impersonation of Model behavior). After a careful observation and memorization into memory, people then behave. Turning from a thought-picture into behavior raises the need for evaluation, "How to do it?" "What to do?" "Is that correct?". With regard to truth, learning outcomes through observation are not judged on the resemblance of the responses to the imitated behavior, but rather to the learning objectives and efficacy of the learners. Motivation. The modeling process will not work if the client or object has no self-motivation or motivation to imitate, in the sense that there is no reason for doing so.

3. What is the application of counselor profile through modeling service to improve student discipline of SMK Kesehatan PGRI Magetan.

This modeling service has a great impact on student discipline. Because this service provides a habituation of teachers to students in a very effective way of modeling *partisipan*. Along with the development of students in school then the school states students will be familiar with this service and slow student discipline will be formed by itself in accordance with the treatments and the theory used as the basis.

In accordance with the statement of Bandura who said that what is seen the students will be stored in the memory of the brain and one day will be applied in new behavior or development of the old behavior of a positive value

Conclusions

Overview of counselor profile application through modeling service at SMK Kesehatan PGRI Magetan

Qualification of counselor and mentor teacher in SMK Kesehatan PGRI Magetan can be explained that counselor or teacher must have professional quality, noble character, and high dedication to be able to practice their knowledge, guiding with sincerity and *istiqomah* and have method of teaching according to level of development of participant educate. Counselor profile application through modeling services can not be separated from the characteristics of good counselor so that it can have a good impact or effect for the students.

Description of how to discipline students with modeling services at SMK Kesehatan PGRI Magetan

Can be concluded about the existing modeling in SMK Health PGRI Magetan very impact on student discipline to the environment, religion, self, and discipline will be traffic. In addition, modeling services at SMK PGRI Magetan Health is also supported by facilitation for student education. The counselor teacher in disciplining her students according to Bandura's commitments using participant modeling.

Description of whether the application of counselor profi through modeling services can improve student discipline SMK Kesehatan PGRI Magetan.

This modeling service has a great impact on student discipline. Because this service provides a habituation of teachers to students in a very effective way of modeling partisipan. Along with the development of students in school then the school states students will be familiar with this service and slow student discipline will be formed by itself in accordance with the treatments and the theory used as the basis.

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